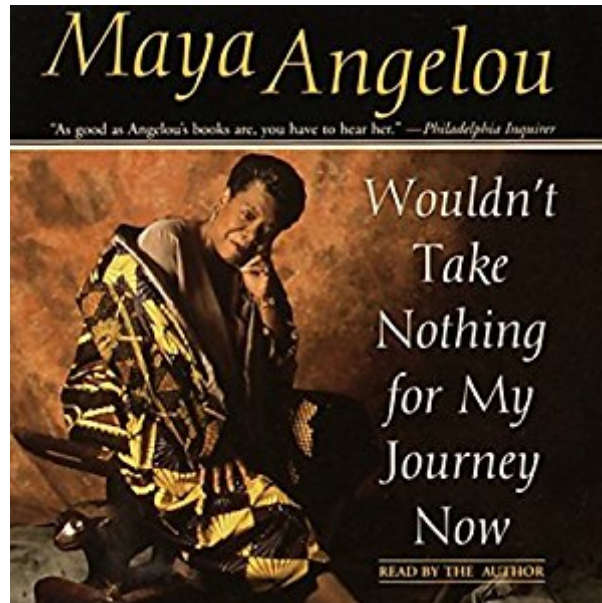


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# Wouldn't Take Nothing For My Journey Now



## Synopsis

Maya Angelou, one of the best-loved authors of our time, shares the wisdom of a remarkable life in this best-selling spiritual classic. This is Maya Angelou talking from the heart, down to earth and real, but also inspiring. This is a book to treasure, a book about being in all ways a woman, about living well, about the power of the word, and about the power of spirituality to move and shape your life. Passionate, lively, and lyrical, Maya Angelou's latest unforgettable work offers a gem of truth on every page. From the Paperback edition. --This text refers to an out of print or unavailable edition of this title.

## Book Information

Audible Audio Edition

Listening Length: 1 hour and 24 minutes

Program Type: Audiobook

Version: Abridged

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Audible.com Release Date: December 15, 2005

Language: English

ASIN: B000DN5USG

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## Customer Reviews

"Wouldn't Take Nothing for My Journey Now" is a delightful collection of short prose writings by Maya Angelou. Most of the mini-essays in this book are only 2 or 3 pages long, making this a good selection for those whose hectic schedules force them to do their reading in "found moments" during the day. In the book Maya reflects on various topics: spirituality, style, travel, sensuality, and being a woman. Many of the selections contain autobiographical reminiscences. As someone who has read Angelou's book-length autobiographical narratives and poetry collections, I was fascinated to see her writing in a different mode. In "Wouldn't Take Nothing" she reflects on some of the people of her life: her son, her grandmother, her voice teacher, and others. Her musings on spirituality have an inclusive, multi-faith flavor. Some of Angelou's observations may seem a bit obvious. For example, in the opening mini-essay she declares, "Being a woman is hard work." But what may be obvious to some may be a revelation to others, and Angelou doesn't shy away from reaching out to that second

group. And throughout the book her writing is graced with moments of wit and passion. In the essay entitled "Power of the Word," Angelou writes, "I'm a spring leaf trembling in anticipation." I have no doubt that this appealing collection will leave readers trembling with anticipation for Maya Angelou's next book.

One of the most memorable stories on this audio cassette (and in the book as well) is where Maya tells what her Mama (grandmother) would do when a known-whiner would come into their general store in Stamps, Arkansas. Mama would call for Maya, saying, "Sister, come over here." When the "whiner" came in, Mama would ask them "How are you doing?" and the whiner would launch into a lengthy complaint about the weather and work and other things. After this whiner left the store, Mama would turn to Maya and say "Sister, nobody likes to listen to someone who whines and complains..." and she'd tell Maya that there were lots of people - black and white, rich and poor - who went to bed last night and never woke up this morning, who'd give almost anything to have one more day of work or one more day in the summer's heat. And the summation - "Sister, if you don't like something, change it. And if you can't change it, change the way you think about it." This is a powerful book/audio tape. And it is narrated by Maya Angelou, which makes it even more of a treasure. I'd highly recommend this book to anyone who wants to improve the way they think about life.

I tend to borrow books from the library and use my limited funds to purchase only those that truly help me grow in some way. This book is one of those. I bought it before I had to return the library's copy. It is a small, easy-to-read book whose simplicity belies its wisdom and power. I have harvested some of that wisdom to assist me in conveying lessons and messages to others. Most recently, I used the essay "Death and the Legacy" as a reading for meditation at my grandma's memorial last month. My reading of that powerful piece inspired my cousin to read this anthology and to ask me for more Angelou recommendations. The essay that speaks most to me, however, is "New Directions," which I use to teach a seminar to people living with HIV. It is an inspiring essay which points out that we have "the right and the responsibility" to step off paths which are not working for us. What a great message of personal accountability! This is truly a wonderful book--my favorite among many Angelou books that I love.

1 easy chair, sofa, or bed - 1 set of comfy clothes - 1 cup of something hot - 1 rainy, lazy weekend afternoon - 1 copy of *Wouldn't Take Nothing For My Journey Now* - Put on comfy clothes (or stay in

pajamas) - Take hot cup of cocoa, coffee, tea, etc. - Curl up with book (getting out of bed optional) - Open book and prepare to be taught, inspired, and moved by these brief, but thought-provoking, writings of Maya Angelou, who always seems to know just how to touch the spirit.

This is my favorite of the books I've read in which Maya Angelou sits around contemplating life, though it's perhaps not the most representative of her work. For the moment she sets aside her intellectual self, her history, her issues -- anything by which you might identify her as anything but a fellow member of the human race. In this book you're left with the essential Maya -- the wise woman with the great heart and the steady mind who speaks out from timeless space. It's an easy read, and life feels better when you're done. And if you're at the end left in doubt whether she's also a world-wise and savvy intellect, then anything else she has written will put your doubts to rest. I love Maya Angelou.

I really enjoyed reading "Wouldn't Take Nothing For My Journey Now" by Maya Angelou. In this book, she writes about the positive and negative experiences she has had in her life. By reading this book, you can see that Maya is a very intelligent woman. A couple of topics she writes about in this book are Religion and Living good and living well. She gives advice on how you can be a better human being. This book makes you think about things you may take for granted. It also makes you see things in a different light. I haven't read any of Maya's other books, but now I definitely will! This book is a must-read.

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